

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: UNIVERSITY LIFECARE CENTER

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Goal: To provide high quality medical and mental health pregnancy support services to our clients, to implement a pregnancy-health and life-skills program, and to connect clients in need of these services with our center

For the period: October 1 through December 31, 2015

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	administer grant program and oversees grant staff; compile data from Info Line logs to monitor program usage and outcomes		The Executive Director and Clinical Director continue to provide many hours of work each month administering the PAA Grant program.	
Car Seat Program	Refer clients to certified car seat instruction via a partnership organization; provide car seats when client cannot otherwise access one	1 to 2	Most of our clients are no longer able to receive car seats through their medical insurance benefits. As such, we provided none directly but referred clients to our partner organization for certified car seat instruction.	0
Crib Distribution/ Sleep Safety Education	Complete Cradle of Hope Pack n Play application; provide Pack n Play and Sleep Safety education; provide crib when client cannot otherwise access one	2	Clients continue to receive sleep safety education to ensure a safe sleep environment for their infants. Clients complete a minimum of three educational steps in pregnancy parenting and life skills in order receive a Pack-n-Play	1

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Life-Skills Education Program	Assess participants' educational needs; provide support and life-skills education to facilitate their and their babies' health	10	In addition to specific life skills education topics, clients continue to participate in a intake as a part of our curriculum so that all clients can develop the skill of planning and setting goals	23
Mental Health	Provide diagnostic assessment and treatment planning, psychotherapy; referral to alternative mental health professionals; provide resolution for parent/child relational problems	25	Due to transitions in staffing of this program during our recent merge, we are currently seeing fewer clients in this program, but anticipate that changing next spring. We have referred clients externally as needed.	0
Nutrition	Provide prenatal vitamins to clients who test positive for pregnancy	5	Clients who have a positive pregnancy test are offered prenatal vitamins approved by our medical director.	5
Parenting Education	Assess participants' educational needs; provide support and parenting education to facilitate their and their babies' health	15	We continue to serve clients in this program. Parents are choosing from a variety of topics, such as newborn care and breastfeeding.	10
Pregnancy Education	Nurse Manager provides medical pregnancy-related information and advice at client request	5	Our Nurse Manager provides pregnancy-related information to all ultrasound clients and responds to phone requests for pregnancy-related information during her weekly office hours.	9
Pregnancy Education	Assess participants' educational needs; provide support and pregnancy education to facilitate their and their babies' health	10	Clients are choosing from a wide variety of topics such as smoking cessation, birth defect prevention and delivery.	8

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Pregnancy Testing	Provide assessment for program eligibility, counseling and testing; provide resources and referrals	16	Pregnancy test clients are provided medically accurate information about their pregnancy options. Our trained staff provide emotional and practical support and referrals to necessary services.	24
Ultrasound	Provide limited obstetrical ultrasound examination; provide post-examination help and instructions	6	We continue to provide ultrasounds to clients, as well as post-exam help and instructions.	8

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	5
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	1
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	1

Challenges: Because we were in transition this fall as we moved to a new location, our staffing and client numbers were lower than usual. Also, we are able to refer more clients to our partner organization for many of the services measured here. We anticipate that will even out more over time.

Comments: